

PRODUCT INFORMATION

Cleanzin®

The detoxification therapy. The mix of herbs, fruit and spices helps the body to get rid of toxins and contaminants in a natural way. Vitality and balance are restored and resistance against infections and stress is heightened.

Basic Facts

Every day our organism comes into contact with a large amount of toxic substances that alter our immune functions causing neuro toxicity, therefore hormonal and psychological troubles.

A detoxifying therapy, therefore depurative, helps the organism to eliminate the harmful substances and restore the health of body and mind, preserving the flora and reinforcing the immune system and the ability of the organism to react to infections, allergies and skin problems. At the same time it contrasts chronic disorders such as arthritis, cardiovascular illnesses, diabetes and obesity.

If our draining system does not work correctly, toxins deposit in our organism and poison it. Intestinal drainage may be carried out in several ways: through fasting or through the application of enemas, for example. An efficient and definitely the most pleasant method is the undertaking of natural purifying substances, such as the ones contained in Cleanzin®.

Detoxification (purification) is the natural mechanism that allows the organism to neutralise and eliminate toxins and contaminating substances. This process is carried out through the liver, kidneys, urine, the skin, the intestines, breathing and sweating. A healthy immune system and good excretion can deal with a large quantity of toxins. However, those with damaged organs must strictly use a detoxifying therapy in order to rebalance and purify the organism.

The most important beneficial long term effect is a lower load on the immune system. Other benefits can be achieved in terms of blood pressure and fat in the blood, it improves the ability to assimilate vitamins and mineral salts and consequently performance skills. There are a whole series of very useful phyto-substances:

Effects

Plantago major: Apart from treating breathing problems, plantago major helps digestion, it stimulates the metabolism and weight loss and treats the kidney and bladder.

Plantago ovata: The skin of the seeds of this plant contain the greatest number of substances useful for the health of our organism. The plant also has a special ability to reduce cholesterol and sugar levels in blood, blood pressure and weight.

Kaolin: Suitable for detoxification and purification of the organism. Capable of bonding toxins to food, accelerating the detoxification process. Furthermore, it also alleviates heart burn and articular pains.

Cascara sagrada: The extract of cascara sagrada is a good laxative. Digestion is stimulated by hydro-anthracene by-products and bitter substances. It also alleviates other problems such as bile and haemorrhoids.

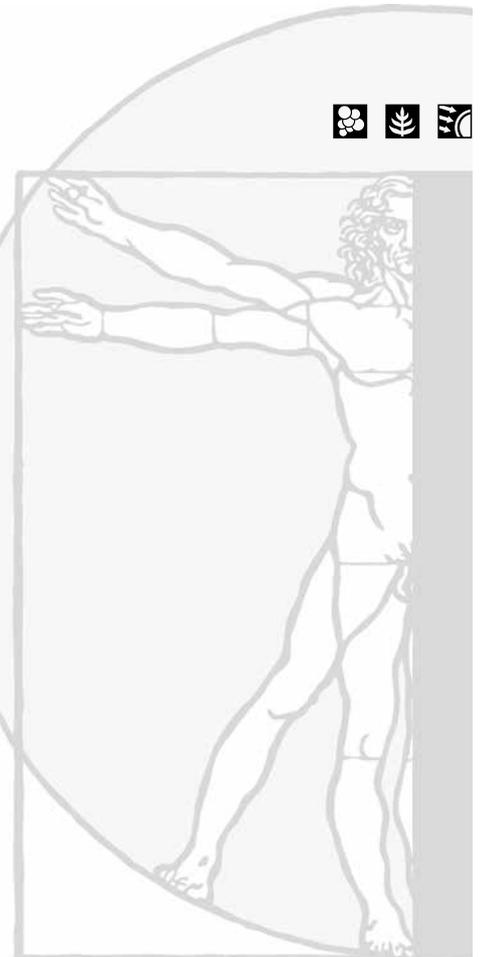
Capsicum (Cayenne pepper powder): Chili pepper is a natural fat burner. Capsaicin, a substance that provides typical spiciness to all peppers, it provides an antioxidant, anti-inflammatory, pain killing, immune stimulating and anti-hunger action. Pepper favours detoxification and digestion, as well as providing a diuretic effect and being very effective in treating diabetes.

Garlic: The protective substances contained in garlic favour delicate detoxification and weight loss. Allicin is responsible for the main effects and removes the radicals, contrasting damage to the cellular membranes. Garlic has a beneficial effect on the intestine and can deal with cardiovascular illnesses, colds and skin stains.

Rose hip: The benefits of rose hip have been known for many years. It contains 50 times the amount of Vitamin C in lemon and is rich with antioxidants that make it excellent to purify the organism and burn

fat. It also purifies the blood and kidneys, as well as having anti-inflammatory properties. The galactolipids have a beneficial effect on treatment of arthritis.

Aloe vera: Aloe vera contains approximately 220 medicinal ingredients that favour purification and detoxification of the organism as well as regulating the liver, intestines and kidneys. Aloe vera has positive effects on the immune system. It may also be used in treatment of: indigestion, cardiovascular and skin problems, asthma and diabetes.



Rhubarb root: Rhubarb contains several vitamins and mineral salts that are beneficial for our health. It has a high content of pectin that stimulates digestion and appetite. Sodium stimulates bowel movements and purifies the blood. Potassium has a hypo-tension and hydrating effect. Furthermore, rhubarb improves humour and relieves nerves.

Juglans nigra (black walnut): The shell of black walnuts contains numerous active ingredients that help to clean the colon and detoxification. The most important include: juglone, it offers protection against parasites; tannins, they lower blood pressure and protect the liver from and also help in cancer prevention; iodine, whose high content level has a positive effect on the thyroid.

Senna leaves: The active ingredients of these leaves regulate intestinal functions and provide a purifying and laxative effect. The sennosides A-F, mucilage, essential oil and flavonoids are very efficient.

Linum usitatissimum (flax seed): Flax is known for its laxative effect. Apart from regulating the intestine, this plant favours weight loss and a reduction in cholesterol and blood pressure. It offers a high level of protection against cancer thanks to the lignans in it.

Ulmus fulva (red elm): The mucilage contained in the bark softens faeces and therefore helps expulsion. This plant is also efficient in treating pain from abdominal cramps and other inflammatory illnesses such as the Crohn syndrome.

Glycyrrhiza glabra (licorice): Licorice root is very useful for detoxification and for the treatment of liver problems. The active ingredient in licorice contains anti-viral, anti-inflammatory and anti-hypertension properties.

Marshmallow: Marshmallow contains large quantities of mucus and therefore it is mainly used to soothe mucous against colds, indigestion, skin irritation and bladder infections.

Peppermint: Peppermint is a precious medicinal plant for the protection of the gastrointestinal section as it regulates digestion and eliminates spasms. It soothes the gallbladder and disorders due to the irritable bowel syndrome.

Composition

One capsule contains:

Plantago major	40 mg
Plantago ovata	40 mg
Kaolin	25 mg
Cascara sagrada	20 mg
Capsicum (Cayenne pepper powder)	15 mg
Garlic	15 mg
Rose hip	15 mg
Aloe vera	15 mg
Rhubarb root	10 mg
Juglans nigra (black walnut)	10 mg
Senna leaves	10 mg
Linum usitatissimum (flax seed)	10 mg
Ulmus fulva (red elm)	10 mg
Glycyrrhiza glabra (licorice)	5 mg
Marshmallow	5 mg
Peppermint	5 mg

in pharmaceutical grade. Other ingredients: rice flour, magnesium stearate.

Dosage

In normal cases at the beginning of a purification treatment take 1–2 capsules daily with plenty of fluid before going to bed. The dosage may be increased in the course of a treatment or after instructions of the doctor.

Instructions

Food supplements are no substitute for a well-balanced diet and a healthy lifestyle. The indicated recommended daily intake should not be exceeded. Persons under constant medical care should consult a physician before taking the supplements. Product information is not to be considered a statement regarding cure; in general, we advise against self-medication without proper consultation of a doctor. Subject to mistakes and print or typographical errors.

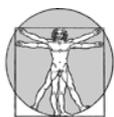
Store in a cool and dry environment, out of reach for children.

Cleanzin® Product Groups

Cleanzin® can be found in the following product groups (www.vitabasix.com):

-  **Metabolism & Weight**
-  **Detoxification & Purification**
-  **Immune System, Cell Protection & Antioxidants**

Manufacturer:



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Important information:

Our products are manufactured in accordance with the GMP (Good Manufacturing Practice) standard. Their quality, purity and concentration are regularly tested in independent test laboratories, in keeping with the FDA (Food and Drug Administration) guidelines.

Our products should be regarded as preventive measures or measures to enhance the individual's general wellbeing. Patients must consult a doctor before using the products for the treatment of diseases.

Subject to alterations and printing errors. Version May 2020